



WE USE NATURAL RESOURCES  
OF THE HIGHEST QUALITY  
FOR OUR TREATMENTS.

*Each therapy is an elaborated  
experience ritual, during which our  
therapist will guide you to your inner self,  
to the source of inner peace and beauty,  
in the beautiful environment  
of our SPA department and with the help  
of unique cosmetic products.*



GALA HOTELS, s. r. o.

Chateau Monty SPA Resort \*\*\*\*

Příkrá 218 · 353 01 Mariánské Lázně

monty@galahotels.cz  
www.montymarienbad.com

www.galahotels.cz



## PROFESSIONAL MEDICAL CONSULTATIONS

INITIAL MEDICAL CONSULTATION (initial interview, consultation, blood pressure and pulse measurement)	10 Min. 290 CZK
MEDICAL CHECK-UP	390 CZK
MEDICAL CONSULTATION for procedures requiring a doctor's permission	200 CZK
CONFIRMATION OF COMPLETED TREATMENT	390 CZK
FEE FOR CHANGE OF TREATMENT PROCEDURE	190 CZK
FEE FOR PRESCRIPTION	190 CZK

# SPA MENU

## OUR SPA OFFERS:

- Unique spa care*
- Relaxation in absolute privacy  
and in an oasis of peace*
- Own branded therapies inspired  
by local herbal tradition*
- Swimming pool with Roman baths*
- Fitness centre*
- Sauna world – warm up to health*
- Yoga in the park*
- Nordic walking in the castle forest*
- Beauty rituals under the Casmara,  
NuSkin and Ainoha brands*
- Experience rituals*



## MASSAGES (20 – 90 min.)

Classic partial body massage (20 min.)	690 CZK
Classic full body massage (40 min.)	990 CZK
Regeneration massage (20 min.)	690 CZK
Regeneration massage (40 min.)	990 CZK
Reflexology foot massage (20 min.)	690 CZK
Aromatic massage (20 min.)	690 CZK
Chocolate partial body massage (20 min.)	690 CZK
Lava stone massage (30 min.)	690 CZK
Lava stone massage (60 min.)	1.390 CZK
Underwater massage (20 min.)	650 CZK
Lymphatic manual massage (50 min.) *	1.290 CZK
Lymphatic instrumental massage (20 min.) *	690 CZK
Herbal pouches massage (30 min.)	790 CZK
Indonesian Bali massage (30 min.)	890 CZK
Chinese cupping massage (50 min.)	1.290 CZK
Hawaiian Lomi – Lomi massage (30 min.)	890 CZK
Tibetan massage (50 min.)	1.290 CZK
Indian head massage (20 min.)	690 CZK
Dry massage bath (20 min.)	590 CZK

## PACKS (15 – 20 min.)

Hemp clay partial pack (green clay and hemp oil body pack)	990 CZK
Silver clay partial pack (green clay pack with colloidal silver)	990 CZK
Gold clay partial pack (body pack of green clay with colloidal gold)	1.190 CZK
Wax packs – Ayurvedic herbs	590 CZK
Wax packs – hemp pack	590 CZK
Wax packs – coconut pack	590 CZK
Wax packs – honey pack	590 CZK
Body pack (orange, peach, oil, honey)	590 CZK
Paraffin hand pack (15 min.)	390 CZK

## PEELINGS (30 – 90 min.)

Full body peeling with a nourishing pack of seaweed + mask (90 min.)	1.890 CZK
Partial body peeling with a nourishing pack of seaweed (60 min.)	1.490 CZK
Lavender peeling with a pack and hydration – full body (60 min.)	1.590 CZK
Lavender peeling with a pack and hydration – partial body (30 min.)	1.090 CZK

Full body coconut peeling (30 min.)	890 CZK
Full body Moroccan rose peeling (30 min.)	890 CZK
Clay peeling with Dead Sea salt (30 min.) (green clay peeling with Dead Sea salt)	890 CZK
Clay peeling with frankincense resin (30 min.) (green clay scrub with frankincense resin)	890 CZK

## WATER THERAPY AND BATHS (10 – 15 min.)

Bubble bath (15 min.)	590 CZK
Bath with hemp oil (15 min.)	690 CZK
Bath with Dead Sea salt (15 min.)	690 CZK
Bath with aromatic salt (15 min.)	690 CZK
Whirlpool foot bath (15 min.)	390 CZK
Magnesium bath (15 min.)	690 CZK
Donkey milk bath – Cleopatra's bath (15 min.)	690 CZK
Herbal bath (15 min.)	690 CZK
Scotch hose (10 min.)	390 CZK
Group pool exercise (15 min.)	390 CZK
Individual pool exercise (10 min.)	390 CZK

## PEAT BATHS (15 min.)

Peat hemp bath (peat and hemp oil bath)	990 CZK
Silver peat bath (bath of peat and colloidal silver)	990 CZK
Gold peat bath (bath of peat and colloidal gold)	1.190 CZK
Peat bath with Dead Sea salt (bath of peat and Dead Sea salt)	990 CZK

## DETOX BATHS (15 min.)

Bath of white clay and hemp oil	990 CZK
Bath of white clay and colloidal silver	990 CZK
Bath with seaweed	990 CZK

## NATURAL HEALING COMPLEXION MASKS (10 min.)

Green clay mask with hemp oil	390 CZK
Green clay mask with colloidal silver	390 CZK
Green clay mask with colloidal gold	490 CZK
Kaolin mask with colloidal silver	390 CZK

## OTHER MEDICAL THERAPIES

Peat compress (15 min.)	490 CZK
Dry carbon dioxide bath (20 min.)	390 CZK
Dry carbon dioxide bath (45 min.)	590 CZK
Gas injection *	390 CZK
Oxygen therapy (20 min.)	350 CZK
Bio lamp (15 min.)	390 CZK
Inhalation (15 min.)	290 CZK
Magnetotherapy (20 min.) *	590 CZK
Electrotherapy (10 min.) *	590 CZK
Ultrasound therapy (10 min.) *	490 CZK
Injection i. M.*	250 CZK
Blood pressure measurement	200 CZK
Sauna world (2 hours)	590 CZK
Cryo T-shock – rehabilitation (10 min.) *	990 CZK
Laser – rehabilitation (10 min.) *	890 CZK

## EXPERIENCE RITUALS

All five rituals have a healing and rejuvenating effect on the skin, bring relief to a tired body and positively affect your mood.

**Cashmere ritual** (60 min.)  
(full body peeling, full body treatment and full body aroma massage) . . . . . 1.890 CZK

**Rehabilitation ritual** (90 min.)  
(full body massage) . . . . . 2.390 CZK

**Five elements ritual** (70 min.)  
(peeling, body pack, hydrating body massage, lava stone massage) . . . . . 1.990 CZK

**Frankincense ritual** (65 min.)  
(peeling, forehead massage, body pack) . . . . . 1.890 CZK

**Ten flowers** (55 min.)  
(bath, massage with herbal pouches) . . . . . 1.790 CZK

## BEAUTY RITUALS

All beauty rituals offer exclusive anti-ageing treatments based on pre- and probiotics. The aim of the rituals is to smooth wrinkles on the forehead, around the eyes and lips, with the additional goal of improving the skin's biosensory capacity, nourishing the skin and stimulating the production of new collagen. Our treatments improve the cohesion of keratinocytes and accelerate the process of cell renewal.

<b>Gold beauty ritual</b> (40 min.)	1.290 CZK
<b>Cryo ritual</b> (30 min.)	1.290 CZK
<b>Beauty and youth ritual</b> (60 min.)	1.590 CZK
<b>Regenerin ritual</b> (60 min.)	1.590 CZK
<b>Anti-aging NuSkin ritual</b> (50 min.)	1.490 CZK
<b>Cupping</b> (30 min.)	990 CZK
<b>Face cupping</b> (30 min.)	1.990 CZK
<b>Decolletage</b> – wrinkle reduction	1.290 CZK
<b>Abdomen</b> – fat removal, firming	990 CZK
<b>Buttocks</b> – firming, cellulite reduction	990 CZK
<b>Laser Anti-Ageing</b> (30 min.) *	1.990 CZK

## EXERCISE LESSONS

Learn everything there is to know about yoga, exercise or Nordic walking. All kinds of exercise routines are provided at the Chateau Monty SPA Resort. Learn about the overall health benefits of practicing yoga or Nordic walking.

**Yoga** (60 min.) per person . . . . . 1.190 CZK  
(gentle relaxation yoga class with focus on breathing)

**Nordic walking** (60 min.) per person . . . . . 890 CZK  
(this fitness activity is intended for the general and even non-sporting public as an effective way of increasing the physical condition and a convenient way to fight excess weight)

**Exercise lessons with a trainer** (30 min.) per person . . . . . 590 CZK  
(fitness exercise in the fitness centre with a trainer)

## SAUNA RITUALS

Every ritual is an experience ritual. The sauna world features a salt cave, Finnish sauna, herbal bath (sauna), steam bath, infrared area and a relax zone. The rituals will rid you of toxins, fat and stress.

**Visit to the sauna world** (120 min.) . . . . . 590 CZK

*Treatments marked with \* can only be applied on the basis of a medical recommendation.*

*Visit our site*  
**WWW.GALAHOTELS.CZ**  
*and find out what's new.*



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Hotel Excelsior \*\*\*\*

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